Table of Contents

Mailing Information......................................................................................................................2
Payments Information..................................................................................................................2
Contact Information.....................................................................................................................2

Directions to Campus..................................................................................................................2
From the North/East (Raleigh/Durham, Richmond VA)................................................................2
From the North on Hwy 220 (Martinsville, Roanoke, VA)..........................................................2
From the North on Hwy 29 (Reidsville, Danville VA)..................................................................2
From the South (Salisbury, Charlotte, Atlanta, GA)......................................................................3
From the South on Highway 220 (Asheboro, Rockingham)..........................................................3
From the South on Highway 421 (Sanford, Fayetteville).............................................................3
From the West (Winston-Salem, Asheville, Knoxville, TN)..........................................................3

Campus Map..................................................................................................................................4
Parking..............................................................................................................................................5

Lodging............................................................................................................................................5

Restaurants.....................................................................................................................................6

Activities.......................................................................................................................................7

Hospitals.........................................................................................................................................8

COVID-19 Guidelines for Visiting Teams.....................................................................................9

Visiting Team Agreement Form ..................................................................................................10
Mailing Information
PO Box 26170
Greensboro, NC 27402

Payments Information
Make checks payable to: UNCG ________________ Club

Contact Information
UNC Greensboro Department of Recreation and Wellness
Address: 1301 W Gate City Blvd, Greensboro, NC 27403
Phone: 336-334-4030
Fax: 336-334-4017

UNCG Campus Police
Address: 1200 W Gate City Blvd, Greensboro, NC 27402
Phone: 336-334-5963
Fax: 336-256-8581
Emergency: 336-334-4444
Non-Emergency: 336-334-5963

UNCG Parking and Operations
Address: 3rd floor of Walker Avenue Parking Deck, 506 Stirling Street Greensboro, NC 27402-6170
Phone: 336-334-5681
Fax: 336-334-4066

Dean of Students
Address: 210 Elliott University Center
Phone: 336-334-5514

Directions to Campus

From the North/East (Raleigh/Durham, Richmond VA)
From I-40 West/ I-85 South, keep right to continue on I-40 West toward Greensboro/Winston-Salem. Take Exit 218-B (right) toward Freeman Mill Road/Coliseum Area and follow Freeman Mill Road. Turn left at the first stoplight onto Coliseum Boulevard. Follow for approximately 1.4 miles and turn right at the second stoplight onto West Gate City Boulevard. Lot 49 will be on your right just past the Great Stops gas station.

From the North on Hwy 220 (Martinsville. Roanoke, VA)
Highway 220 South becomes Battleground Avenue in Greensboro. Stay on Battleground until you cross the intersection of Cornwallis Drive. Stay in the right lane, which becomes Westover Terrace. Stay on Westover as it becomes Josephine Boyd St. Turn left at the 4th stoplight onto West Gate City Boulevard. Lot 49 will be on your right just past the Great Stops gas station.

From the North on Hwy 29 (Reidsville, Danville VA)
From Highway 29 South take the Wendover Avenue West/Hospital exit. Follow Wendover for approximately 2.6 miles and take the Westover Terrace exit. Follow the exit to the right, and merge right, following the Coliseum sign. Stay on Westover as it becomes Josephine Boyd St. Turn left at the 4th stoplight onto Gate City Boulevard. Lot 49 will be on your right just past the Great Stops gas station.
From the South (Salisbury, Charlotte, Atlanta, GA)
From I-85 North, follow Business 85 (exit 120-A) toward Greensboro. Take exit 35-B to Highway 220 North/ I-40. Turn left on Coliseum blvd and continue approximately 1.4 miles. Turn right at the second stoplight onto West Gate City Boulevard. Lot 49 will be on your right just past the Great Stops gas station.

From the South on Highway 220 (Asheboro, Rockingham)
From Highway 220 North, follow the signs to the Coliseum area. Turn left at the stoplight onto Coliseum Boulevard. Follow for approximately 1.4 miles and turn right at the 2nd stoplight onto West Gate City Boulevard. Lot 49 will be on your right just past the Great Stops gas station.

From the South on Highway 421 (Sanford, Fayetteville)
From Highway 421 North, take Business 40 West toward Winston-Salem. Take the Freeman Mill Road/Coliseum Area exit (218-B), and follow Freeman Mill Road. Turn left at the first stoplight onto Coliseum Boulevard. Follow for approximately 1.4 miles and turn right at the 2nd stoplight onto West Gate City Boulevard. Lot 49 will be on your right just past the Great Stops gas station.

From the West (Winston-Salem, Asheville, Knoxville, TN)
From I-40 East, follow the signs for Greensboro and take the Wendover Avenue East exit (214-B). Follow Wendover to the exit for Market Street (3.5 miles). Turn right on Market Street and follow for less than 1 mile. Turn right on Josephine Boyd South. Turn left on West Gate City Boulevard. Lot 49 will be on your right just past the Great Stops gas station.
Campus Map

Location #1 - Kaplan Center (Parking - Lot 49/Lot 47)
Location #2 - Recreation Field (Parking - Lot 9)
Location #3 - North Field/Tennis Courts (Parking - Walker Deck, Lot 7)
Parking:
Teams visiting our campus should review the parking options based on the location of the event. All campus parking regulations must be adhered to by visiting teams.

Kaplan Center (#1) – Lot 49 & Lot 50
Recreation Field (#2) – Lot 9 North & South
North Field/Tennis Courts – Walker Parking Deck (Fee may apply) / Lot 9 North

Detailed information for parking and campus transportation can be found online at parking.uncg.edu.

Lodging

**Hyatt Place Greensboro / Downtown**
300 N Eugene St, Greensboro, NC 27401
(336) 373-6269
(5 mins, 1.8 miles)

**Hampton Inn & Suites Greensboro/Coliseum Area**
3033 W Gate City Blvd, Greensboro, NC 27403
(336) 553-1818
(5 mins, 2.1 miles)

**Holiday Inn Greensboro Coliseum**
3005 W Gate City Blvd, Greensboro, NC 27403
(336) 294-4565
(5 mins, 1.9 miles)

**Drury Inn & Suites Greensboro**
3220 W Gate City Blvd, Greensboro, NC 27407
(336) 856-9696
(5 mins, 2.5 miles)

**Country Inn & Suites by Radisson**
3314 Isler St, Greensboro, NC 27407
(336) 553-3235
(7 mins, 3.1 miles)

**Best Western Plus Greensboro/Coliseum Area**
2006 Veasley St, Greensboro, NC 27407
(336) 294-9100
(7 mins, 2.7 miles)

**Fairfield Inn & Suites**
3308 Isler St, Greensboro, NC 27407
(336) 235-4002
(8 mins, 2.9 miles)

**Red Roof Inn Greensboro Coliseum**
2101 W Meadowview Rd, Greensboro, NC 27403
(336) 852-6560
(6 mins, 2.2 miles)
Wingate by Wyndham Greensboro
6007 Landmark Center Blvd, Greensboro, NC 27407
(336) 645-5600
(11 mins, 5.9 miles)

La Quinta Inn & Suites by Wyndham Greensboro NC
1201 Lanada Rd, Greensboro, NC 27407
(336) 316-0100
(11 mins, 5.5 miles)

Spring Hill Suites by Marriott Greensboro
6006 Landmark Center Blvd, Greensboro, NC 27407
(336) 809-0909
(11 mins, 5.9 miles)

Hyatt Place Greensboro
1619 Stanley Rd, Greensboro, NC 27407
(336) 852-1443
(10 mins, 5.6 miles)

Restaurants
Elliott University Center (EUC)
Chick-fil-a, Salsaritos
507 Stirling St, Greensboro, NC 27412

Happy Bowl
1201 W Gate City Blvd #102, Greensboro, NC 27403
happybowlgreensboro.com
(336) 365-8888

Tropical Smoothie Cafe
1201 W Gate City Blvd, Greensboro, NC 27403
Tropicalsmoothiecafe.com
(336) 895-4050

Old Town Draught House
1205 Spring Garden St, Greensboro, NC 27403
oldtowndraught.com
(336) 379-1140

Chipotle Mexican Grill
435 Tate St, Greensboro, NC 27403
Chipotle.com
(336) 419-0949

Sushi Republic
329 Tate St, Greensboro, NC 27403
Sushirepublicgso.com
(336) 274-6684

Jimmy John’s
411 Tate St, Greensboro, NC 27403
Online.jimmyjohns.com
(336) 370-9997

East Coast Wings + Grill
338 Tate St, Greensboro, NC 27403
Eastcoastwings.olo.com
(336) 398-9464

Kiosco Mexican Grill
3011 Spring Garden St, Greensboro, NC 27403
Kioscomexicangrill.squarespace.com
(336) 617-0350

Hops Burger Bar
2419 Spring Garden St, Greensboro, NC 27403
Hopsburgerbar.com
(336) 235-2178

Olive Garden Italian Restaurant
3000 W Gate City Blvd, Greensboro, NC 27403
Olivegarden.com
(336) 854-7094

**Activities**

Four Seasons Mall
410 Four Seasons Boulevard Greensboro, NC 27427
336-292-0171

RED Cinemas - Restaurant Entertainment District - Stadium 15
1305 Battleground Ave, Greensboro, NC 27408
(336) 230-1620

Regal Cinemas Palladium 14 & IMAX
5830 Samet Dr, High Point, NC 27265
(844) 462-7342

Friendly Center (restaurants, shopping, movie theater)
600 Green Valley Rd #300, Greensboro, NC 27408
336-856-7011

Downtown (local shops, parks, nightlife)
Greene Street

Natural Science Center in Greensboro
4301 Lawndale Drive, Greensboro, NC
336-288-3769

AMF All Star Lanes (Bowling)
910 South Holden Road, Greensboro, NC
(336)-299-4432

International Civil Rights Center and Museum
134 S Elm St, Greensboro, NC 27401
(336) 274-9199
LeBauer Park  
208 N Davie St, Greensboro, NC 27401  
(336) 373-7533  

Skywild  
4301 Lawndale Dr, Greensboro, NC 27455  
(336) 288-3769  

**Hospitals**  
Moses Cone Urgent Care  
1123 N. Church Street, Greensboro, NC  
Phone: 336-832-4400  
Hours:  
8 a.m. to 8 p.m. Monday-Friday  
9 a.m. to 7 p.m. Saturday and Sunday  

Moses Cone Hospital  
1200 North Elm Street, Greensboro, NC 27401  
(336)-832-8062  

Wesley Long Hospital  
501 North Elam Ave. Greensboro, NC  
(336)-832-1000
COVID-19 Guidelines for Visiting Teams

Department of Recreation and Wellness
2021-2022
(Updated 3-7-2022)

As a visitor to UNCG, the expectation is that you will abide by all campus policies and guidelines. Our staff will be available to assist and answer any questions you may have regarding our current policies. The University reserves the right to make changes at any point should they become necessary for the health and safety of our community.

Current UNCG COVID Guidelines

Individuals experiencing COVID-like symptoms including, but not limited to fever higher than 100 degrees/ feeling hot/cold chills, cough, sore throat, shortness of breath/difficulty breathing, body aches out of the ordinary & new loss of taste or smell should not travel to campus.

It is recommended that individuals wear face coverings indoors. Individuals who are unvaccinated are encouraged to wear masks to protect themselves and others.

More information regarding COVID-19 can be found at https://covid.uncg.edu/
Visiting Team Agreement Form

The University of North Carolina at Greensboro

Club Sports Agreement

This Agreement is entered between UNCG ________________________ CLUB and _______________________
________________________ (Visiting Team), this ____ day of __________, 20__.

Site: ___________________ Date of Contest: _______________ Time of Contest:____________________

Officials: _______________________________________________

Officials to be paid by:___________________________________________

A RELEASE MUST BE COMPLETED IN CONNECTION WITH THIS AGREEMENT

Conditions

________________________________________
________________________________________

UNCG Club President
Visiting Team President

____________________________ (signature)
____________________________ (signature)

____________________________ (printed)
____________________________ (printed)

____________________________ (phone)
____________________________ (phone)

____________________________ (date)
____________________________ (date)

Visiting Team Participants must read and sign this Release before participation in any Club Sports Activity at
UNCG.

UNCG Club Sports Release, Hold Harmless and Indemnity Agreement

**PLEASE CAREFULLY READ THIS DOCUMENT IN ITS ENTIRETY; IT HAS THE EFFECT OF
LIMITING YOUR LEGAL RIGHTS AND RELEASES UNCG FROM ANY LIABILITY RESULTING
FROM ANY PARTICIPATION IN CLUB SPORTS ACTIVITY.**

I understand that participation in Club Sports involves certain risks, including, but not limited to,
travel to and from the site of the activity, severe physical contact from other participants,
equipment malfunction or inadequacy, and playing surface defects. These risks also include, but are
not limited to, DEATH, serious neck and spinal injuries resulting in complete and partial paralysis,
brain damage, heat stroke, heat exhaustion, stroke, heart attack and serious injury to virtually all
bones, joints, muscles, and internal organs. I understand that medical conditions may increase the
risk of injury or death. Such medical conditions may include, but are not limited to, abnormal blood
pressure, sickle cell trait, diabetes, fainting, dizziness or disorders of the heart. I voluntarily agree to
accept all risks of death, personal injury and property damage associated with participation in
UNCG Club Sports.

I understand that UNCG has no knowledge of my medical conditions or fitness for the activities
involved in Club Sports. I further understand that Club Sports activities may be conducted at sites
that are remote from medical assistance, and I understand that any equipment provided for my protection may be inadequate to prevent serious injury.

I acknowledge and understand that it is my sole responsibility to consult with a physician prior to participating, and to decline, decrease or cease participation in the event that illness, injury or other medical condition would prevent me from safely participating in the activity, with or without a reasonable accommodation.

In the event of a medical emergency, I hereby consent to transportation and emergency medical treatment arising out of or relating to participation in Club Sports activities.

In consideration of allowing me to participate in the Club Sports Program, I release and agree to indemnify and hold harmless UNCG, its trustees, administrators, employees, volunteers and agents from any present or future claims, including negligence, for death, personal injury and property damage arising from my participation in the Club Sports Program.

**By signing below, I acknowledge that I have read and understand this document in its entirety and hereby voluntarily consent to all of its provisions.**

<table>
<thead>
<tr>
<th>Name of Visiting Participant</th>
<th>Signature</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>